

# Kinesiology & Psychology Double Major



Double majoring in **Kinesiology** and **Psychology** is an excellent way to pursue your interests in holistic approaches to health and wellbeing. It can also make you highly competitive for a wide variety of health-oriented careers and graduate programs including occupational therapy, physical therapy, exercise physiology, sports psychology, athletic training, and any other field that emphasizes the dynamic relationship between the body and mind. This proposed plan uses the Fall 2024 catalogue and may change if either major undergoes curricular modifications.

## **First Semester: 15-16 hrs**

BIO 111 Introduction to Cell Biology (3 hrs)  
BIO 113 Introduction to Cell Biology Lab (1 hr)  
MTH111 or MTH 115 Brief Calculus (3 or 4 hrs) QR  
Bradley Core Curriculum Course (3 hrs) WC1  
**PSY 101 Principles of Psychology (SB- 3 hrs)**  
KHS 110 Intro to Health Science (1 hr)  
EHS 120 University Exp Seminar, PSY only (1 hr)

## **Third Semester: 14 hrs**

PHY 107 General Physics I (4 hrs)  
FCS 202 Food and Nutrition (3 hrs)  
**PSY 205 Quantitative Methods (3 hrs)**  
CHM 110 General Chemistry I (NS 3 hrs)  
CHM 111 General Chemistry I (1 hr)

## **Fifth Semester: 14 hrs**

BIO 230/231 Human Anatomy and Physio I (4 hrs)  
KHS 300 Experiential Learning or equiv (1 hr) EL  
**PSY Category A (3 hrs)**  
Bradley Core Curriculum or Electives (3 hrs)  
**PSY elective (3 hrs)**

## **Seventh Semester: 16 hrs**

KHS 345 Motor Control and Motor Learning (3 hrs)  
or other KHS elective  
KHS 460 Kinesiology (3 hrs)  
Bradley Core Curriculum Course (3 hrs)  
CHM 302 or NUR 391 Medical Terminology (1 hr)  
**PSY Category A or B (3 hrs)**  
**PSY elective (3 hrs)**  
**Total: 121-122 hrs**

## **Second Semester: 16 hrs**

BIO 112 Intro to Ecology and Evolution (3 hrs)\*  
BIO 114 Intro to Ecology and Evolution Lab (1 hr)  
**PSY 201 Brain & Behavior (NS- 3 hrs)**  
KHS 210 Concepts in Personal Wellness (3 hrs)  
**PSY elective (3 hrs)**  
Bradley Core Curriculum Course (3 hrs)

## **Fourth Semester: 15 hrs**

PHY 108 General Physics II (4 hrs)<sup>PT</sup>  
KHS 230 Measurement in Physical Activity (3 hrs)  
**PSY 206 Research Methods in Psych (4 hrs) WI**  
CHM 116 General Chem II (3 hrs)<sup>PT</sup>  
CHM 117 General Chem II Lab (1 hr)<sup>PT</sup>

## **Sixth Semester: 16 hrs**

BIO 232/233 Human Anatomy & Physio II (4 hrs)  
KHS 320 Applied Physio of Exercise (3 hrs)<sup>PT</sup> or  
other KHS elective  
KHS 380 Disab/Health in Global Soc (3hrs) WI & WC  
**PSY Category B (3 hrs)**  
Bradley Core Curriculum or elective (3 hrs) **WC\*\***

## **Eighth Semester: 15 hrs**

KHS Elective (3 hrs)  
KHS 470 Health Science Application of Exercise  
Prescription or KHS 480 Motion Analysis (3 hrs)  
**PSY 400-level course (3 hrs)**  
Bradley Core Curriculum Course or electives (6 hrs)

**Contact:** Dr. Melissa Peterson in [KHS mpetersn@bradley.edu](mailto:mpetersn@bradley.edu); Dr. Tony Hermann in [PSY ahermann@bradley.edu](mailto:ahermann@bradley.edu)

\* BIO 202 Microbiology and Immunology may be taken in place of BIO 112 and 114

\*\*SOC 100 recommended if pursuing OT school

<sup>PT</sup> For those pursuing Physical Therapy careers.

*Note: Students requiring more than eight semesters should contact Financial Assistance.*